

Bachelor of Social Science (Honours) Guidance and Counselling

(N/762/6/0049)01/25(MQA/PA9151)



UNIVERSITI TUNKU ABDUL RAHMAN
Wholly owned by UTAR Education Foundation



Duration of Study: **3 years**

Medium of Instruction: **English**

Campus: **Kampar**

Overview

Guidance and Counselling is a process of helping people to discover and develop their educational, career, and psychological potentialities, ultimately attaining an optimal level of personal happiness and social usefulness.

Bachelor of Social Science (Honours) Guidance and Counselling

The Bachelor of Social Science (Honours) Guidance and Counselling programme aims to equip students with comprehensive professional knowledge and skills for managing various psychological issues such as developmental challenges, behavioral difficulties, socioemotional distress and psychological stress from critical events and work. Students will be trained to work towards improving people's psychological well-being and achieving their full potential.

Salient Features

✓ Rigorous Curriculum

The curriculum of this programme is designed above and beyond the Malaysian Board of Counsellor's Standards and Requirements of Training for Counsellors. The programme aspires to produce highly competent and ethical professional counsellors.

✓ Extensive Opportunities for Practical Exposure in Counselling

Faculty of Arts and Social Science operates the UTAR Community Counselling Centre all year round. Students will get extensive opportunities to observe and assist licensed counsellors and clinical psychologists in managing a wide range of clients.

✓ Cutting Edge Evidence-based Counselling and Psychotherapy Procedures

This programme introduces the latest evidence-based counselling and psychological therapies to students. Students will learn well-researched and established counselling approaches to help people flourish and grow.

✓ Comprehensive Counselling Practicum and Internship Training

This programme includes more than 750 hours of supervised counselling practicum and internship training in Year 4. Students will be given hands-on, practical experience in conducting both individual and group counselling, as well as psychological testings.

Career Prospects

Graduates are expected to register with the Board of Counsellors Malaysia, and can seek employment in education, health, training, sports, welfare support, consultancy and public relations, human resource management and research.

Courses

Year 1

- Cognitive Psychology
- Educational Psychology
- Fundamental Counselling Skills
- Introduction to Psychology
- MPU3
- National Language/ Other Languages
- Personality
- Professional Ethics in Counselling
- Research Methods In Behavioral Science
- Statistical Techniques for Behavioral Science I
- Theories of Career Development
- Theory and Practice of Counselling: Psychodynamic and Affective Approaches

Year 2

- Career Guidance and Counselling
- Communicative English
- English for Social Science
- Lifespan Development: Adult and Ageing
- Lifespan Development: Childhood and Adolescent
- MPU1*
- MPU1**
- Organisational Behaviour
- Psychoeducational Group
- Psychological Testing in Counselling
- Statistical Techniques for Behavioral Science II
- Theory and Practice of Counselling: Cognitive and Behavioral Approaches

Year 3

- Abnormal Psychology: Adult and Ageing
- Counselling Elective I
- Elective I
- Group Counselling
- Mental Health Assessment
- MPU4
- Multicultural Counselling Competency
- Physiological Psychology
- Project I

Year 3

- Project II
- Psychology of Diversity
- Sun Zi's Art of War and Business Strategies
- Theory and Practice of Counselling: Postmodernism and Contemporary Approaches

Year 4

- Abnormal Psychology: Childhood and Adolescent
- Consultation in Counselling
- Counselling Elective II
- Counselling Internship
- Counselling Practicum

Counselling Elective I - Choose 1 Course

- Creative Approaches in Counselling
- Crisis and Trauma Counselling

Counselling Elective II - Choose 1 Course

- Community Psychology and Counselling
- Health and Rehabilitation Counselling

Elective I - Choose 1 Course

- Computer Systems and Applications
- Interpersonal Communication
- Oral Communication and Interpersonal Skills
- Public Speaking and Oral Presentation

MPU1* - Choose 1 Course

- Tamadun Islam dan Tamadun Asia (TITAS) - For Local Students
- Bahasa Melayu Komunikasi 2 - For International Students

MPU1** - Choose 1 Course

- Hubungan Etnik - For Local Students
- Malaysian Studies 3 - For International Students

MPU3 - Choose 1 Course

- Culture and Communication
- Development Trends in Malaysia
- Introduction to Political Science
- Introduction to Sociology

MPU4 - Choose 1 Course

- Art, Craft, and Design
- Arts and Cultural Performance Project
- Community Project
- Language, Culture and Social Study Abroad
- Managing Personal Finance Project
- Music Performance
- Oral Communication
- Social Entrepreneurship Project
- Study Soft Skills and/or Life Skills Abroad
- Team Work and Collaborative Project
- Work Ethics and EQ Project

National Language/Other Languages - Choose 1 Course

- Bahasa Kebangsaan (A) - For Malaysians only, without SPM-BM credit
- Communication Tamil for Health Sciences
- Introduction to Chinese Language I
- Introduction to Chinese Language II
- Introduction to Chinese Language III
- Introduction to French
- Introduction to German Language
- Introduction to Japanese
- Introduction to Korean
- Introduction to Tamil Language
- Introduction to Thai Language

All information is correct at the time of printing and is subject to change without prior notice. July 2020

For more information, please contact
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